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or call:

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(Scotland)

Alzheimer's Research UK  
**0300 111 5 111**  
(UK Wide)

Alzheimer's Society  
**0300 222 1122**  
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Calls to Alzheimer Scotland are free. Calls to Alzheimer's Research UK and Alzheimer's Society cost no more than a national call from any type of phone or provider and calls are included in any free call packages on landlines and mobiles.

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