

## Vital studies into early diagnosis, prevention and new treatments for dementia are taking place in the UK – but more volunteers are needed.

### Why is research into dementia important?

Every 3 minutes someone in the UK is diagnosed with dementia. There are numerous questions about diagnosis, treatments, prevention, and best care for which there are no clear answers yet.

Only research into dementia will help find these answers, and this research is reliant on people like you volunteering to take part and making a difference for the future.

### How can I get involved in dementia research studies?

To find out about new studies looking for participants, register with Join Dementia Research. You can do this online, by phone or by post.

### What is Join Dementia Research?

Join Dementia Research is a service which allows people to register their interest in national dementia research. It helps people with dementia, their carers, or anyone interested in dementia research to be matched to studies.

Once registered, your details will be stored securely, and will be regularly checked to see if you may match to studies.

Sign up today:

[www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)

or call our charity partners (numbers on the backpage).

### By registering, am I committing myself to research?

No. Once you have registered your interest, your details will be regularly checked against appropriate studies. If a match is found, you will then be contacted by the appropriate research team.

Information will be provided to you by the research team of that study, and you will have the opportunity to ask the researchers as many questions as you like before deciding whether or not to take part.

If you decide not to take part, it will not affect your care or eligibility for future studies. You can also request to be removed from Join Dementia Research at any time.

Sign up today at:

[www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)

or if you need help, please call:

Alzheimer Scotland <b>0808 808 3000</b> Open 24 hours a day, 7 days a week. (Scotland)	Alzheimer's Research UK <b>0300 111 5 111</b> Mon – Fri 9am – 5pm (UK wide)	Alzheimer's Society <b>0300 222 1122</b> Mon – Wed 9am – 8pm Thurs – Fri 9am – 5pm Sat – Sun 10am – 4pm (England, Wales & Northern Ireland)
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Calls to Alzheimer Scotland are free. Calls to Alzheimer's Research UK and Alzheimer's Society cost no more than a national call from any type of phone or provider and calls are included in any free call packages on landlines and mobiles.



Join Dementia Research is funded by the Department of Health and delivered in partnership with the National Institute for Health Research, Alzheimer Scotland, Alzheimer's Research UK and Alzheimer's Society.

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# HELP BEAT DEMENTIA

Register your  
interest in taking  
part in research



@beatdementia



/joindementiaresearch

[www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)



**OVER  
850,000**

**people are living  
with dementia  
in the UK today**



**Sign up to the  
national service  
connecting you to the  
latest dementia research**

## **YOUR QUESTIONS**



### **What sort of research could I be volunteering for?**

Join Dementia Research is designed to match people to appropriate research studies using their personal information. Current research ranges from clinical studies of new treatments to surveys about what works in improving quality of life for people with dementia and their carers.

### **Who can register with Join Dementia Research?**

Anyone, with or without dementia, can register their interest as a volunteer. Volunteers must be over 18 years old. You can also sign up someone else, providing you are acting in their best interests.

### **How will registering benefit me?**

- Join Dementia Research will help you learn more about dementia research in your local area or nationally.
- It is an easy way to let researchers know that you would like to take part in a study.
- Registering gets you a step closer to taking part in a study. If you do take part in a study, you will have the satisfaction of knowing you could contribute to future insights into dementia and its causes as well as early diagnosis, better treatment, and quality of care.

### **Nigel and Chantel's story**

Chantel and Nigel have been married for 32 years. Nigel was a bus driver for 30 years when he started to have problems with numbers and counting. This is when Chantel realised that there might be something wrong.

Nigel was diagnosed with Familial Alzheimer's Disease in 2009. It was during one of their visits to the hospital that their doctor asked if they would be interested in taking part in research exploring the genetic causes of the condition.

*"I can truly say that being involved in research changed our lives as we felt we had much more of an understanding of the disease, and the research team were able to support us all the way through. It's amazing what goes on behind the scenes."*

*It helped Nigel gain peace of mind knowing that he will be able to contribute to the improvement of diagnosis and treatment of the disease for future generations."*

Chantel

