

HELP US BEAT DEMENTIA

Empower your patients



Find us on Twitter
[@beatdementia](#)



Every 3 minutes, someone develops dementia in the UK.

Currently, there are over 850,000 people with dementia in the UK and this figure is set to rise to over 1 million by 2025.

Research offers hope. It is only through research that we can understand what causes Alzheimer's and other dementias, develop effective treatments, improve care and one day find a cure.

But for research to progress we need more people to take part in more studies.

“I believe offering research opportunities is one of many positive things that we can suggest to people as post diagnostic support. Whilst it might not immediately benefit them, it can generate benefits for generations to come and it’s a way of fighting back against the dementia.”

Dr Jo Rodda, Consultant Old Age Psychiatrist

What is Join Dementia Research?

Join Dementia Research is a national online and telephone service that is helping to make it easier for people to get involved in research.

Anyone over 18 can register and be matched to studies in their area and nationwide. This can be someone living with dementia, a carer or a family member signing up on their behalf, or anyone interested in dementia research. Anyone living with or without dementia can take part in studies.

A researcher will then be in touch if an appropriate study becomes available.

What are the benefits for people who sign up?

For lots of people living with dementia, it is important to feel like there is something they can do. By getting involved in research, they are able to make a difference and could help others.

Once people have signed up, they can:

-  **Find** studies that match their basic health information
-  **Connect** with researchers to find out more about their studies
-  **Discover** exciting new studies, not only locally, but nationally
-  **Help** to improve the quality of care and treatment

People who sign up can play a part in finding new ways to treat, manage and progress towards a cure that could one day beat dementia.

How can you support Join Dementia Research?

We know you are at the heart of your local community and talk to people living with dementia every day. **Join Dementia Research** is a service you can confidently offer to patients and carers who you think may be interested.

To help you promote the service, we have put together a range of materials, from posters to leaflets and pop-up banners for display. You can order them **free** of charge at <http://weborder.formara.co.uk/jdr>

If you would like to find out more, we have created an area just for you on our website.

Visit www.joindementiaresearch.nihr.ac.uk. Just go to ‘For professionals’ and click on ‘Healthcare’.

Still got questions? Then email us at comms.jdr@nhs.ac.uk





Five steps to help open the door to dementia research



- 5 Support people to register at the practice
- 4 Write to patients and carers to ask them to register
- 3 Distribute leaflets and application forms
- 2 Talk to patients and carers about research
- 1 Display posters and electronic messages

There are many different studies for people to take part in.

Research ranges from clinical trials of new treatments, to surveys about what works in improving quality of life for people with dementia and their carers.

The service is designed to match people with appropriate research studies based on their health information and research interests. There are studies in every area of the country.

You can contact us to find out what research studies are taking place in your area by registering for a healthcare professional account. Email us at: comms.jdr@nihr.ac.uk.

Don't forget

If a person is matched to a particular study, they may be offered the opportunity to take part in that study. However it is always their decision whether or not to take part.

Join Dementia Research simply shows them what research opportunities might be available for them in their area, and improves their chances of being considered to take part.

How do people sign up to get involved?

Getting signed up to the service is quick and easy – it only takes 5-10 minutes. We just ask for some basic demographic and health information. The more complete the information, the better able we are to match people with suitable studies.

How can I help spread the word about Join Dementia Research.

Here are a few other ways you could help:

- 👉 Display posters and place leaflets in waiting areas
- 👉 Include a section about the service on your website
- 👉 Check our website and find out what studies are in your area
- 👉 Talk to patients about research
- 👉 Add a link to the website in outpatient clinic letters
- 👉 Support patients and help them register while in clinic



Ask your patients to sign up today at:

www.joindementiaresearch.nihr.ac.uk

For more information about Join Dementia Research or to register over the phone, please call:

Alzheimer Scotland

0808 808 3000

Open 24 hours a day,
7 days a week.

(Scotland)

Alzheimer's Research UK

0300 111 5 111

Monday – Friday
9am – 5pm

(UK wide)

Alzheimer's Society

0300 222 1122

Monday to Wednesday 9am - 8pm
Thursday and Friday 9am – 5pm
Saturday and Sunday 10am - 4pm

(England, Wales & Northern Ireland)

Calls to Alzheimer Scotland are free. Calls to Alzheimer's Research UK and Alzheimer's Society cost no more than a national call from any type of phone or provider and calls are included in any free call packages on landlines and mobiles.