

# Vital studies into early diagnosis, prevention and new treatments for dementia are taking place in the UK – but more volunteers are needed.

## Why is research into dementia important?

Every three minutes, someone in the UK develops dementia. There are many unanswered questions about the causes and prevention of dementia, as well as diagnosis, treatment and care.

Only research will help us to find these answers. This research is reliant on people like you volunteering to take part in order to make a difference.

## How can I get involved in dementia research studies?

To find out about new studies looking for participants, register with Join Dementia Research. You can do this online, by phone or by post (details overleaf).

## What is Join Dementia Research?

Join Dementia Research is a service which enables people to register their interest in national dementia research. It helps people with dementia, their carers or those who support them, and anyone over 18 interested in dementia research to make a difference and take part in vital research studies.

Once registered, your details will be stored securely and will be regularly checked to see if you match to studies. You can update your details at any time.

Sign up today:

[www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)

Alternatively, click the 'Register by phone' on the website or call one of our charity partners (numbers overleaf).

## By registering, am I committing myself to research?

No. Once you have registered your interest, you will be matched to studies that are suitable for you, though this may not happen straight away.

Information will be provided to you by the research team of that study, and you will have the opportunity to ask the researchers as many questions as you like before deciding whether or not to take part.

If you decide not to take part, it will not affect your care or eligibility for future studies. You can also request to be removed from Join Dementia Research at any time.

It is very easy to register

- Register online [www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)
- Click 'Register by phone' on the website
- Call one of the charity partners
- Complete the paper registration form

If you need any help at all, please call:

Alzheimer  
Scotland

**0808 808 3000**

Open 24 hours a day,  
7 days a week.

(Scotland)

Alzheimer's  
Research UK

**0300 111 5 111**

Mon - Fri:  
9am - 5pm

(UK wide)

Alzheimer's  
Society

**0333 150 3456**

Mon - Wed: 9am - 8pm  
Thurs - Fri: 9am - 5pm  
Sat - Sun: 10am - 4pm

(England, Wales &  
Northern Ireland)

Calls to Alzheimer Scotland are free. Calls to Alzheimer's Research UK and Alzheimer's Society cost no more than a national call from any type of phone or provider and calls are included in any free call packages on landlines and mobiles.

Delivered in partnership with

**NIHR** | National Institute for  
Health and Care Research



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# TAKE PART IN VITAL DEMENTIA RESEARCH

## Register your interest today



[www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)

**OVER  
900,000**

**people are living  
with dementia  
in the UK today**



**Sign up to Join  
Dementia Research so  
you can be contacted  
about the latest  
dementia studies**



## **YOUR QUESTIONS**

### **What sort of research could I be volunteering for?**

Join Dementia Research matches people to appropriate research studies using their personal information. Examples of current types of research include clinical trials of new treatments, focus groups, online surveys and much more. Dementia research aims to increase our knowledge of the different types of dementia so that improvements can be made to diagnosis, treatments and quality of life.

### **Who can register with Join Dementia Research?**

Anyone in the UK, over 18 with or without a dementia diagnosis can join us. If you have dementia, you can also register a representative who can help you to take part.

### **How will registering benefit me?**

- Join Dementia Research will help you to find out which research studies you can take part in.
- It is an easy way to let researchers know that you would like to take part in a study.
- If you do take part in a study, you will have the satisfaction of knowing you could contribute to future insights into dementia and its causes as well as early diagnosis, better treatment and quality of care.

### **Maureen and Derek's story**

Maureen and Derek signed up to Join Dementia Research after Maureen was diagnosed with Alzheimer's disease.

They were keen to take part in research to help enhance understanding about dementia, not just for their benefit but for future generations too.

As well as taking part in online questionnaires, Maureen and Derek took part in a study to see whether problem-solving therapy could be helpful in altering mood states for people with dementia.

The study was conducted via Zoom and the researcher used problem-solving therapy to suggest small changes to help Maureen, such as using reminders on 'Alexa' for medication and popping instructions on the kitchen wall.

Taking part in research has not only enabled Maureen and Derek to improve their own management of the condition, but it has also provided new friendships with other people who are experiencing the same challenges.

