

# HOW THE SERVICE WORKS

Join Dementia Research makes it easy for volunteers to take part in ethically approved dementia research.

Researchers add study information and the service matches registered volunteers to suitable studies. Where appropriate, researchers can then make contact with volunteers to explain more about the study. Volunteers are encouraged to keep their details up to date.

Volunteers can decide whether or not to take part in any study they have been matched to, without obligation.

Patients can sign up online, over the phone, or by completing a registration form and sending it in the post. If a patient consents, you can also refer them to receive a call back to 'Register by Phone' using the button on the website. They will receive a call back from our charity helpdesk within 10 days.



# RAISING AWARENESS

If your patient would like more information about Join Dementia Research they can visit the website: [www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)

Campaigns such as Dementia Action Week in May and Alzheimer's Awareness Month in September provide good opportunities to raise awareness.

You can also spread the word about Join Dementia Research in your trust, GP practice or at other groups you are part of, perhaps in a newsletter or at a meeting.

We'd also love to hear how you've engaged patients or other healthcare professionals about the service. You can email your story to us: [comms.jdr@nihr.ac.uk](mailto:comms.jdr@nihr.ac.uk)

Order materials from our website to talk to your patients about taking part.

<https://bit.ly/JDR-materials>

Join us on

 @beatdementia

 Join Dementia Research

Delivered in partnership by

**NIHR** | National Institute for Health and Care Research



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# TALK TO YOUR PATIENTS ABOUT JOIN DEMENTIA RESEARCH



 @beatdementia

 [joindementiaresearch](https://www.facebook.com/joindementiaresearch)

[www.joindementiaresearch.nihr.ac.uk](http://www.joindementiaresearch.nihr.ac.uk)

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**OVER  
900,000**

**people are living  
with dementia  
in the UK today**

Receiving a dementia diagnosis is hard, but when the time is right, many people find that taking part in research gives them something positive to focus on. It has the potential to help them and others - both in the short and longer term - with diagnosis, treatment and care.

National Institute of Clinical Excellence (NICE) guidelines state that patients at any stage of their diagnosis should be informed about taking part in research and given the opportunity to do so.

Join Dementia Research is a UK wide service that matches volunteers with research studies. Anyone over the age of 18 can sign up, with or without a dementia diagnosis.

The service is delivered in partnership by the National Institute for Health and Care Research (NIHR), Alzheimer's Society, Alzheimer's Research UK and Alzheimer Scotland.

## WHAT A STUDY MIGHT INVOLVE?

There are many different ways patients can take part in research, including clinical trials. Here are some examples of the types of activities volunteers could be asked to do while on a study:



**Brain scans**



**Diagnostic tests**



**Drug trials**



**Focus groups**



**Interviews - online, in person  
or by phone**



**Lifestyle programmes**



**Questionnaires**



**Talking therapies**



**Trying new technologies  
and devices**

## DIFFERENT TYPES OF RESEARCH

Researchers who use the service investigate a wide variety of themes connected with dementia. Examples of studies include the repurposing of existing medications for dementia, the use of music in dementia care, using Artificial Intelligence (AI) in diagnosis and exploring lifestyle risk factors.

“Dementia strips away so much and being part of research just makes you feel that valuable part of society again. It gives you hope for a better future.”

**Wendy Mitchell**

Research participant

